



RULES AND REGULATIONS – CUP (S)

(METRO - REV. 2008-15-04)



For Division 1-3 Men & Women and Invited D4 & 5 Men and/or D4 Women

S-1 GENERAL RULES:

- a) All games and discipline will be governed by League Rules.
- b) The first named team is the home team.
- c) Player may only play for their club and for only one club team during the cup. The player becomes team bound for the remainder of the cup competition and may not play for any other team. If the player does participate with a second team the game shall be defaulted to the opposing team by a score of **3-0**.
- d) No reserve U17 &/or U18 players may be used during the cup competition.
- e) All cautions (Yellow Cards) & cumulative cautions received during the Metro Cup will only count in the Metro Cup, any automatic suspension will be served in the Metro Cup competition.
- f) The automatic 1 game suspension for all ejections (Red Cards) will be served at the players' next league or cup game with the team he/she is registered with. If they receive additional games these will be served with the team he/she is register with league games and/or cups games, this player may not be used as a reserve during his/her suspension.

S-2 FORMAT:

- a) Teams will play single elimination rounds in order to advance to the final game:
 - i. Invited teams & Division 3 will play in Round 1 in order to end up with 8 teams to qualify for Round 2
 - ii. Winners from Round 1 will be drawn with Division 2 teams in Round 2 to end up with 8 teams to qualify for Round 3
 - iii. Winners from Round 2 will be drawn with Division 1 teams in Round 3 to end up with 8 teams that will qualify for the Quarter Finals
 - iv. Quarter-Finals, Semi-Finals & Finals will be determined by the brackets assigned
- b) Metro Cup Draw will take place at the Coaches Annual meeting in May.
- c) Games can/will be played on neutral fields during the competition; each club must provide at least 2 fields per team entered in the cup.
- d) All games will be played within the territory covered by Lac St-Louis Metro League.
- e) Referee Assignment

ALL GAMES: Referees and Assistant Referees will be assigned by the Regional Referee Assignor.

S-3 QUALIFYING:

- a) All games EXCEPT FINAL tied at the end of regulation time will proceed directly to kicks from the penalty mark as per F.I.F.A. regulations. All games must determine a winner.
- b) If a team is unable to meet the minimum 8 (eight) players &/or coaches 1 (one) requirements 15 (fifteen) minutes after the scheduled start time of the game, the game shall be defaulted to the opposing team by a score of **3-0**.
- c) If a team fails to appear, they will be automatically be disqualified from further cup competition.
- d) Coaches must transfer all information from his/her own game sheet onto the PTS system within 36 (thirty six) hours of the end of a game. Failure to do so will result in a fine of **\$10**. This includes the result of the Final game.

S-4 FINALS:

The finals are scheduled to be played on the last weekend in September.

All finals ending in a tie will be decided as follows:

- 2 x 10 minutes overtime periods to be played in full.

If the game is still tied following two overtime periods, teams will proceed to kicks from the penalty mark as per F.I.F.A. regulations.