



RULES AND REGULATIONS – COACHES (C11)

(METRO- REV. 2011-Apr-15)



SPECIFIC RULES FOR 11 A-SIDE SOCCER

All games will be played in accordance with FIFA rules, F.S.Q. rules and as modified by the following rules and regulations of the Metro League.

A defaulted game leads to a 3-0 score (or the score stands – the better of the two for the winning team) and a 1-point loss from the standings.

A forfeited game leads to a 5-0 score (or the score stands – the better of the two for the winning team) and a 4-point loss from the standings. All Forfeits need to be confirmed by the Metro League Executive Board.

Any forfeited games might lead to that team’s disqualification from the Playoff Series.

C11-1 COACHES’ RESPONSIBILITIES

- a) Coaches must behave in a responsible manner (FIFA Law 5).
- b) Coaches of both teams are responsible for the security of all players, coaches, spectators, referees, and assistant referees, before, during and after the game.
- c) All coaches should be working towards becoming a “Certified Community Coach”.
- d) A proof of coaching certification must be presented in order to complete the coaches’ passport.
- e) As a minimum requirement, one of the coaches from the team’s staff must hold an N.C.C.P. Level coaching certification as per the following:
 - Community Coach Child, Youth & Senior (EAF) & Level 1 Theory (part A) – “AA” Division 1
 - Community Coach Senior (EAS) – “A” divisions Women 2 to 5, Men 2 to 6 and U-21 Divisions.
 - Community Coach Monitor – “L” divisions Women 6 to 8 and Men 7 to 9.

	Practical Level	Theory Level
Division 1 “AA”	Community Coach Child, Youth & Senior (EAF)	Level 1 Theory (part A)
Division 2 – 6 Men “A” Division 2 – 5 Women “A” U-21 Men and Women	Community Coach Senior (EAS)	Not Required
Division 7 – 9 Men “L” Division 6 – 8 Women “L”	Community Coach Monitor	Not Required

Teams not meeting the above requirements by July 15th, 2011 will be fined \$75.00.

- f) For all games, the following coaching participation is required:
 - “AA” Division 1, a non-playing certified and not suspended coach (as per clause e) above) must be present and on the game sheet for 75% of all games. For the remaining 25% of games a non-playing and not suspended coach must be present on the game sheet. Failing to comply will result in a **\$25** fine per game below the 75% threshold.
 - “A” Divisions 2, 3 and 4, a non-playing and not suspended coach must be present and on the game sheet for all games. A certified coach (playing or non-playing) must be present and on the game sheet for 75% of all games. For the remaining 25% of games a non-playing and not suspended coach must be present on the game sheet. Failing to comply will result in a **\$25** fine per game below the 75% threshold.
 - “A” Divisions Women 5 and Men 5 & 6, a playing **or** non-playing and not suspended coach must be present and on the game sheet for all games.
 - “L” Divisions Women 6 to 8 and Men 7 to 9, a non-playing and not suspended coach must be present and on the game sheet for all games.



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- g) If a non-playing coach (where required) is ejected from the game and no other coach(es) are listed on the game sheet then the game will be defaulted by a score of **3-0**, if a playing coach is listed on the game sheet then this player must be substituted or leave the playing field and assume the coaching responsibilities for the balance of that game and cannot re-enter the game as a player.
- h) A Representative from all Clubs must attend the annual Metro League team meeting. The Metro League Board reserves the right to sanction/fine the clubs who do not participate.
- i) Competitive ("AA") coaches must attend the Annual Lac St. Louis Regional Coaches Seminar.
- j) Coaches of teams must provide F.S.Q. approved players and coaches passports and a **pre-printed from PTS-Ligue and SIGNED** official Metro League game sheet to the referee at least 15 minutes prior to the start of the game. The game must not start later than 15 minutes after the scheduled start time.
- k) All reserve players must carry a Regional passport. Failure to comply will result in a **3-0** defaulted game and a fine of **\$25**.
- l) Once a game starts, any coach or club official who withdraws their team from a game or refuses to continue their teams participation in a game will forfeit the game **5-0** (or the score stands – the better of the two for the winning team), lose 4 points from the standings (-4) and be fined **\$150**.
- m) The coaches must ensure that the absentees are crossed off and that the game score, the scorers, cautions & expulsions are correct upon collecting of the passports & official League game sheets. **Any intended protest must be noted on the game sheet immediately after the game.** It is the coach's responsibility to collect his game sheets and passports after the game. Game sheets must be completed in their entirety including date, team name, category, game number, full name of players, coaches and monitors with passport numbers and any other required information (i.e. reserve player ("R"), player serving suspensions, etc...). Failure to do this will result in a fine of **\$25**. No addition(s) or modifications will be permitted by the teams' staff on the game sheet after the game is started.
- n) There will be a fine of **\$150** if the visiting team does not have alternate colours. The game will be rescheduled should the referee deem the game not playable.
- o) Coaches must transfer only the information from his/her own game sheet onto the PTS system within 36 (thirty-six) hours of the end of a game. Failure to do so will result in a fine of **\$10**.
- p) Under unusual circumstances, and upon advising the referee, the official Metro League game sheet and passports must be given to the referee no later than 15 minutes after the scheduled start of the game. Failure to comply with this rule will result in a **3-0** default and a fine of **\$75** will be levied to the offending team. The Metro Executive Board will decide if the game is to be replayed or not.
- q) It is the Home coach's responsibility to give the pre-stamped envelope to the referee for the mailing of the official game sheets to the League statistician who must receive them within 7 days of the game.
- r) Standings, statistics and actual game scores are posted on the web site (www.tsisports.ca/sc/soccer/ligue). If there is a score posted that is deemed incorrect by a coach, there will be a 10 (ten) day time limit from the date the game was played to request a review. Requests are to be made in writing (or by e-mail) by the team's Club representative and clear legible copies of the game sheets must be forwarded to the League statistician and/or Metro League Administrator. After that date no changes will be permitted in scores and/or standings.
- s) Spectators and coaches are not allowed to be behind the goal lines or to run up and down the touchlines coaching. Spectators must be located on the side of the field opposite that of the teams at all times and at least two (2) metres from the touch line. Players and coaches must remain within their technical area as defined by FIFA. Player substitutions must be made at the midfield line, 1 metre from the touchline.
- t) Coaches must ensure that their spectators never enter the field of play. Failure to comply will result in a **3-0** default to the offending team. Teams will be subject to further disciplinary action by the Metro League Board or Regional discipline.



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- u) Only identified Metro League Board Members, Lac St. Louis officials, referees, passported personnel and passported players are permitted on the field or on the teams' side of the field at any time. A maximum of three (3) coaches & managers (excluding physio or athletic therapists) and a maximum of 18 players are permitted in the team's technical area. They must all be listed on the game sheet. ONLY in the event of an injury requiring the help of a spectator or a trained first-aid giver, the referee may approve the presence of an extra person on the field or in the team's technical area during the time required to provide medical attention. Failure to comply will result in a **3-0** default by the offending team.
- v) Coaches are responsible for recording on the official League game sheet, in the suspensions' section, all suspensions being served/purged.
- w) Coaches are responsible for ensuring that the players and coaches that are participating in the game are checked off by the referee. Any players or coaches not crossed off are deemed to have participated in the game. All other players and coaches must be crossed off before the start of the second half.
- x) Smoking is not permitted at the players' bench at any given time before, during or after a game. Failure to comply will lead to sanctions from the Metro League Board.
- y) No alcoholic beverages or drugs are permitted in the team's technical area. Failure to comply will lead to sanctions from the Metro League Board/Regional discipline.
- z) Coaches will not attempt to unduly influence the referee's decisions. Disciplinary actions may be taken by the Metro League Board.

C11-2 LATE ARRIVALS

- a) If a team is unable to meet the minimum requirements of 8 (eight) players and 1 (one) coach at 15 (fifteen) minutes after the scheduled start time of the game, the game shall be defaulted to the opposing team by a score of **3-0** and a fine of **\$25** to the offending team.
- b) Two such defaults by any team will result in a fine of **\$100**; every additional default will result in a fine of **\$200** per game.
- c) Late arrival exceptions noted under C11-3.

C11-3 TEAMS FAILING TO APPEAR

- a) Any team unable to appear for a scheduled game must notify the opposing team, League statistician and Metro League administrator at least 5 (five) business days in advance. The game will be awarded to the opposing team by a score of **3-0**. Two such defaults by any team will result in a fine of **\$300**.
- b) If a team fails to give the 5 (five) business days notice, the game will be forfeited by the defaulting team by a score of **5-0**. 4 points will be removed from its standings, a **\$250** fine will be levied and the team might be disqualified from participating in the Playoffs.
- c) Any team unable to appear for a game involving travel to or from outside the normal boundaries of the Lac St-Louis Region will forfeit the game by a score of **5-0**, 4 points will be removed from its standings, will be fined **\$500** and might be disqualified from participating in the Playoffs. If this occurs in Division 1 "AA", the team will be excluded from entry to "AA" in the following year.
- d) Any exceptional circumstances may be addressed by the Metro League Board.

C11-4 VALID AND INVALID GAMES

- a) A game will be defaulted to the opposing team by a score of **3-0** if a team fields less than 8 (eight) registered & passported players and 1 (one) registered & passported coach; plays a suspended or illegal player(s); plays players without valid passports; or if a suspended coach is present within the technical area during the game or is listed as a coach on the official Metro League game sheet.
- b) The duration of the game shall be that set by the F.S.Q., which is as follows:

SENIOR U19 – U35 & O35+	2 equal periods of 45 minutes
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- i. Overtime will not be played in regular season League games.



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- c) A game shall be declared valid when the following time has elapsed:

Divisions 1-6 Men, 1-5 Women and U-21 Men & Women	68 minutes out of 90 minute game
Divisions 7-9 Men & 6-8 Women	45 minutes out of 90 minute game

- d) Should the referee abandon a game for reasons other than weather and before the above period has been played, the Metro League Board, following receipt of the referee's report, will decide on the validity of the game.
- e) In the event that circumstances do not permit the playing of the full duration of a match, and when the referee has prior knowledge of such before the match commences, the referee has the power to shorten each half so as to make them equal and of sufficient duration to complete a valid game (see C11-4 c.). In such situations, both coaches must be advised of the reason for the alteration in time and, as well, the new duration of the halves. The referee is obliged to report the irregularity in writing on the official League game sheet.
- f) In the event that 2 unequal halves are played for reasons other than C11-4 (e), but more than the time required for the game to be valid, the final score will stand. The referee shall be obliged to report the irregularity in writing on the official League game sheet.
- g) In the event that the referee ends the first half before the end of its official time, the referee may after advising the opposing coaches of his decision:
- i. Play the missing time before the start of half time, starting with a drop ball from the position where play ended or at center field.
 - ii. Play the second half equal in time to the first half, providing that the total time played equals the minimum time for a valid game.
 - iii. Play the correct length of time for the second half providing that the total time played equals the minimum time for a valid game.
 - iv. Coaches will not attempt to unduly influence the referee's decision.
 - v. The referee shall be obliged to report the irregularity in writing on the official League game sheet.
- h) Once a game has started, any coach or Club official who withdraws their team from a game or refuses to continue their team's participation in a game will be subject to disciplinary action by the Metro League and a fine of **\$150.00**. The game will be forfeited by a score of **5-0** (or the score stands – the better of the two for the winning team) a 4-point loss from the standings and the team might be disqualified from participating in the Playoffs.

N.B. any disruption to a game's normal progression or refusal to start a game can constitute a withdrawal

C11-5 LEAGUE STANDINGS

- a) Points are awarded as follows:
- 3 (three) points for a win
 - 1 (one) point for a tie
 - 0 (zero) points for a loss
 - -1 (minus one) point for a default
 - -4 (minus four) points for a forfeit
- b) League standings shall be determined by points gained or removed according to C11-5a.
- c) In the event of a tie at the end of the regular season, the final standings shall be determined by the following, (FSQ art. 40.41)
- a) TIE BREAKER FOR TWO (2) TIED TEAMS:
 - i. The highest point standing between the two (2) tied teams (head-to-head games)
 - ii. The highest goal differential between the goals FOR and goals AGAINST in head-to-head games amongst the tied teams
 - iii. The team with the highest number of wins in the standings
 - iv. The team with the highest goal differential between the goals FOR & goals AGAINST in all games
 - v. The team with the highest number of goals scored in all games
 - vi. Random draw



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- b) TIE BREAKER FOR THREE (3) TIED TEAMS:
 - i. The team with the highest point standing amongst them in head-to-head games
 - ii. The team with the highest goal differential (goals FOR minus goals AGAINST) in those same head-to-head games
 - iii. The team with the highest number of wins in the standings
 - iv. The team with the highest goal differential between the goals FOR & goals AGAINST in all games
 - v. The team with the highest number of goals scored in all games
 - vi. The team with the least goals AGAINST in all games
 - vii. The teams proceed to taking kicks from the penalty mark as per FIFA (5 Kicks)
 - viii. Identify each team as "A", "B" and "C", Three (3) mini-games of five (5) penalty kicks are taken by each team matched up as follows: A vs B, B vs C, C vs A. Final standings are determined using the tie-breaker criteria c-2) i. through vi.
- c) League season Champions, Playoff Champions & Metro Cup Champion teams in each division will be presented with trophies, plaques, medals or gifts at the Playoff Finals or League Awards Night in October.
- d) Any forfeited game may disqualify teams from participating in the Metro Playoffs, the Saputo "AA" championship and the "A" Champions Cup.

C11-6 COOLING-OFF PERIOD

- a) Referees may, without prior warning, send a player off the field of play for a 10 (ten) minute period if his/her conduct or type of play makes it necessary. Another eligible player may replace the player sent off on the field of play. The referee shall have the option not to administer a caution.
- b) Coaches of the Home and Visiting teams must immediately be notified of any action taken by the referee pursuant to the provision of this rule.

C11-7 PLAYER REGISTRATION (Refer to A-6 in Club Rules)

C11-8 NUMBER OF PLAYERS

A maximum of 18 uniformed (club colours) and passported players may be listed on the game sheet or participate per game. No other players are allowed in the team's technical area. Failure to comply will result in a default of **3-0**.

C11-9 FIELD OF PLAY & EQUIPEMENT

- a) FIELD OF PLAY: Clubs must ensure that their fields are in safe and playable condition at all times. Referees or Coaches must indicate any non-respect of Rule C11-9 a) on the game sheet. No subsequent complaints will be received if not marked on the game sheet. The Receiving Club will be held responsible and fined **\$25** if any of the following field requirements are not met:
 - All fields MUST be properly marked and equipped with two (2) player benches on one same side of the field but on the opposite side of the spectators and goals on opposite sides.
 - All goals MUST have nets that are in good condition: no holes or openings larger than 15 cm x 15 cm (6 in x 6 in) and are properly attached to the goal frame on all sides and to the ground to a distance of at least 1 m (3 ft 3 in) behind the goal line.
 - All goals must be anchored and secured to the ground or designed and approved for use on artificial fields.
 - Approved corner flags at least 1.5 m (5 ft) high, must be installed for every game. Games CAN be played in the absence of 4 corner flags however the Club will be fined.
 - It is the receiving Club's obligation and responsibility to address any issues with their borough/city and to advise the Metro League Administrator of any condition affecting the safety of the players and/or changes to the schedule caused by field conditions.
 - NO protest will be heard in relation to the condition of a field.



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b) BALL:

SENIOR U19 - U35 and O35: Size 5 circumference 27-28 inches (68-71 cm)
Weight 14-16 ounces (397-453 gm)

All balls must be inflated to a pressure of 9-10.5 lbs. per square inch. Unstitched, vulcanised balls are not permitted. COACHES MUST ENSURE THAT GAME BALLS ARE PROPERLY INFLATED. The Home team coach is responsible for providing one (1) or two (2) official League game balls. If not available, the referee may approach the visiting team for theirs or use any other appropriate ball, which must be in playable condition and meet the appropriate specifications.

c) PLAYERS:

- i. All players must wear complete Club-issued uniforms (jersey, short, socks) of the same colour as registered by their Club (as per FIFA Law 4). A fine may be levied for unmatched shorts and socks as per rule A-4.
- ii. Goalkeepers must wear a jersey of a colour distinguishable from those of the other players of both teams and the referee. They may wear either shorts or pants. Shorts, pants and socks may be of a different colour than that of their teammates. If a keeper is replaced and wishes to play on the field, he/she is required to comply with C11-9 c) i. above.
- iii. All players, including the goalkeeper, must wear the jersey tucked in at all times. Team jerseys must be numbered (with different numbers) on the back (6" minimum) and must have un-rolled sleeves.
- iv. Players may not switch numbers during the course of a game without permission from the referee. Under no circumstances may a player remove his/her jersey on the field of play.
- v. Shin guards are mandatory in accordance with FIFA regulations and must be covered at all times during the game.
- vi. FIFA approved headgear may be worn.
- vii. No jewelry or dangerous objects may be worn.
- viii. Players are permitted to wear hearing aids.
- ix. As of June 15, 2011: Players are NOT permitted to wear any prescription eyewear; only FIFA approved sport glasses will be accepted.
- x. NO hard casts may be worn (plaster or fiberglass).
- xi. Orthopedic devices must not expose any metal parts.

C11-10 GAME RULES

- a) On the taking of a corner kick, opponents must remain at least 9.15 meters (10 yards) from the corner arc until the ball is in play. On the taking of a free kick, opponents must remain at least 9.15 meters (10 yards) from the ball until the ball is in play. In both cases, the ball is in play when it is kicked and moves. The Referee must ensure that this distance is respected.
- b) On the taking of a goal kick, all opponents must remain outside the penalty area and not less than 9.15 meters (10 yards) from the ball until the ball is in play. The ball is in play when it is kicked directly out of the Penalty area. Referee must ensure that this distance is respected.
- c) Fouls and Misconducts – FIFA rules will prevail for all direct & indirect kicks
 - i. If a foul, which incurs a direct free kick, is committed inside the Penalty area by the defending team a PENALTY KICK will be awarded to the attacking team.
 - ii. If a foul, which incurs an indirect free kick, is committed by the defending team inside the Penalty area, an INDIRECT FREE KICK will be awarded to the attacking team. The ball will be positioned where the foul occurred, unless the infraction occurs in the Goal area, the ball will be placed in line with where the infraction occurred on the 6 yard line.
 - iii. If a foul, which incurs either a direct or an indirect free kick, is committed by the attacking team inside the Penalty area; a FREE KICK will be awarded to the defending team. The ball will be positioned where the foul occurred, unless the infraction occurs in the Goal area, the ball may be placed anywhere in the Goal area. Opponents must remain outside the Penalty area until the ball is in play. The ball is in play when it is kicked directly out of the Penalty area.
- d) When restarting the game with a drop-ball within the Goal area, the referee shall drop the ball on that part of the goal area line that runs parallel to the Goal line, at the point nearest to where the ball was when play was stopped. The ball is in play when it touches the ground.



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- e) The offside rules (FIFA Laws of the Game Law 11 – Offside) will apply for 11-a-side soccer.
- f) The “Pass-back” rule will be applied to all 11 a-side games, this only applies to balls passed to the goalkeeper directly from a deliberate foot pass or a throw-in from one of his/her own players (FIFA Laws of the Game Law 12).
- g) Players will only be allowed to have one (1) attempt at thrown-ins.
- h) SUBJECT TO THE PRIOR PERMISSION OF THE REFEREE, unlimited substitutions may be made as follows:
 - after a goal;
 - prior to a goal kick;
 - at half time;
 - when play has been stopped because of an injury (only the injured player may be substituted).
 - **for “A”, “L” and U-21 Divisions ONLY:** At throw-ins (substitution may be made by the team taking the throw in and ONLY if they make substitutions, may their opponent also substitute.)
- i) In the case of an injured player, where play is stopped and team personnel assistance is required on the field of play, the injured player must leave, or be removed from the field of play with the exception of the goalkeeper. The safety of all players on the field of play is the referee’s responsibility. The injured player may be immediately replaced by another player, and allowed to come back at the next allowable substitution (See C11-10 viii). Due to the sensitivity of the position, reasonable time for recovery will be allowed for the goalkeeper. The referee has the final say for goalkeepers staying after an injury. All players with a bleeding injury (including the goalkeeper) must leave the field and may only return once the referee is satisfied that the bleeding has stopped.
- j) Team Handshake Exchange: The referee will oversee and allow or disallow the end of game team handshake exchange.

C11-11 POSTPONED GAMES

- a) If a game must be postponed because of bad weather or poor field conditions, the Club Representatives must immediately inform the Metro League Administrator, the Regional Referee assigner & Club Referee Assigner. Coaches must make every effort possible to advise their counterparts in a timely fashion.
- b) If fields are closed by the city / borough, the Club Representative must immediately notify the Metro League Administrator, the Regional Referee assigner & Club Referee assigner of the details by phone and e-mail. The Club Representative & Coaches must make every effort possible to advise their counterparts in a timely fashion.
- c) Should a game be cancelled by the referee, the referee must immediately notify the Regional Referee assigner and/or the Club Referee assigner.
- d) Once the official schedule is published, games may only be rescheduled for Provincial Cup Competition and for tournaments, for any previously unscheduled and unknown official school or religious function, ONLY if 4 or more players are missing or 2 players and 1 goalie are missing. These requests must be submitted to the Metro League Administrator with all official supporting documentation no later than 5 business day prior to the game (N.B. a signed letter on school, church, temple or synagogue letterhead...etc...are examples of OFFICIAL supporting documents).
- e) Within 7 (seven) days of a posted postponed game, it is the receiving Club’s responsibility to coordinate a date to reschedule the match with the visiting team, once agreed upon, the receiving Club will provide this date to the Regional Scheduler & the Metro League Administrator. The Regional Scheduler will inform the Regional Referee assigner and Club Referee assigner if applicable. Games must be replayed on these scheduled dates unless C11-11 d) applies.
- f) No games will be rescheduled prior to 16:00 on weekends **UNLESS** both coaches are consulted and affirm their agreement.
- g) No game will be played between teams travelling distances exceeding 100 km each from Monday to Thursday inclusively. Exceptions may be granted by the Metro League Board (FSQ art. 40.15).



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C11-12 REFEREES

- a) Referees must complete and send an official report to the Regional Discipline Committee if there are any ejections or major problems in their game.
- b) If the appointed referee fails to appear and if neither of the 2 assistant referees are qualified, the game will be rescheduled.

C11-13 CLUB COLOURS (Refer to A-4 in Club Rules)

C11-14 AUTOMATIC LEAGUE SANCTIONS

- a) All player suspensions are to be served with the player's official roster team. A reserve player whether "L", "A" or "AA" must serve his/her suspension with the team that he/she received the ejection with BEFORE returning to his/her official roster team (FSQ art. 40.42.2).
- b) All coach suspensions must be served at the category where he/she was ejected. The coach may NOT participate in any Metro League soccer activities until the suspensions have been purged, but a coach may continue to coach his Youth League (Intercity) or Youth House League team. It is not necessary to show a coach a red card in order for an expulsion to be official.
- c) When a player accumulates 2 cautions in one (1) game, he/she is automatically suspended for the next game. A **\$20** fine is levied (art. DC-9). Additional sanctions may be applied if the cautions are a result of misbehaviour. (These 2 cautions will not apply to rule C11-14 e, f & g)
- d) When a player, a coach, an assistant, a monitor or a manager is expelled from a game (Red card), he/she is automatically suspended for the next game. A **\$20** fine is levied (art. DC-9). In Division 1 (AA) a second red card in the same season automatically leads to a minimum 3-game suspension (FSQ art. 40.42). Additional sanctions may be applied if the expulsion is a result of misbehaviour.
- e) When a player accumulates a total of three (3) separate cautions during the season, he/she is automatically suspended for the next game. (FSQ art. 26.1)
- f) When a player accumulates two (2) more separate cautions (a total of 5) during the season, he/she is automatically suspended for the next two games.
- g) When a player accumulates two (2) more separate cautions (a total of 7) during the season, he/she is automatically suspended for the next three games.
- h) A team that incurs 4 or more cautions and/or ejections in any one game will be assessed a fine of **\$25**.
- i) A team that incurs 25 cautions during the season will be fined **\$50** and will be fined **\$50** for each additional 5 cautions that they accumulate. Teams participating in more than 18 games (League, Playoff & Cup) will be allowed to accumulate 30 cautions during the season before being fined **\$50**.
- j) The fines collected from cautions (C11-14i) in each division up to a maximum of **\$300** will be awarded to the Fair Play team in that division. (team with the least amount of demerit points as per rule A-12)
- k) Suspensions remain in force until the players and/or coaches have his/her name and passport number indicated on the subsequent game sheet(s) for multiple game suspensions, as serving a suspension. Suspensions will carry over to the next Metro League competition Example:
 - summer (season & cup) to playoffs
 - summer (season & cup) and/or playoffs to winter season
 - summer (season & cup) and/or playoffs to next summer season
 - winter of current year to next summer season

* A player that collects their third caution in their last game of the season, the automatic 1 game suspension will not be carried over to subsequent seasons.
- l) Additional discipline will follow the regional discipline guideline.
- m) The Metro League Board or Regional Discipline Committee may decide that the governing Club of any player, coach, parent, spectator, team or official found at fault in a major breach of rules will be required to post a one thousand dollars (\$1,000.00) behaviour bond for the remainder of the current season and the subsequent season.



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- i. The bond must be posted by the specified date otherwise all teams involved in any regionally sanctioned play will forfeit all subsequent games and honours for the current season and will be excluded from all subsequent Playoff and Cup games for that year.
- ii. If the bond is not posted by the specified date, the Club will be placed in bad standing.
- iii. If the bond is not posted the Club will not be permitted to participate in any subsequent competitions until the full bond is posted.
- iv. This bond will be returned at the end of the subsequent season if no major breach of rules at any level occurs.
- v. This bond will be forfeited if any subsequent major breach of rules occurs at any level by any player, any coach, any parent, any spectator, any team or any Club official. The Metro League Board, Regional Discipline Committee or Regional Board may impose additional fines, sanctions or placement of the Club in bad standing. Another bond of one thousand dollars (\$1,000.00) must be submitted within one (1) week of official notification of forfeiture of bond.

C11-15 PLAYER MOVEMENT (Refer to A-7 in Club Rules)

C11-16 REFEREE'S RESPONSIBILITES (Refer to A-10 in Club Rules)